

COVID-19 Recovery & Rehabilitation Services

Our team approach will be instrumental to your COVID-19 recovery

As a trusted member of the healthcare community, Gaylord Outpatient Services is uniquely qualified to help you complete your recovery from COVID-19, especially if you are what the world is calling a “**long-hauler**,” someone with long-term effects from the coronavirus. Our expertise in rehabilitation, experience with inpatient COVID patients and ability to customize services provides our patients with superior outcomes.

The Gaylord team works to coordinate your care while prioritizing your personal goals. With various locations and telehealth to supplement in-person care, we are with you every step of the way.

Common residual effects of COVID-19 are:

- Breathing difficulty and shortness of breath
- Muscle weakness, neuropathy and achy joints
- Depression and anxiety
- Cognitive processing and executive functioning difficulties
 - short term memory loss

Your road to recovery continues at Gaylord.

A Team of Experts

SERVICES OFFERED:

- Physiatry / Physical Medicine and Rehabilitation Doctor
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Pulmonary Rehabilitation
- Counseling Services
- Nutritional Consultations

Insurance coverage of services is specific to the individual plan type.



Jerrold L. Kaplan, MD
Medical Director,
Outpatient and Workers'
Compensation Services

Dr. Kaplan is accepting new patients. If you have already established a plan with your physician, our team can work with that provider.

Think Possible

Appointments:
(203) 284-2845
www.gaylord.org



Gaylord
Specialty Healthcare

Outpatient
Services